



# ASTHMA EDUCATOR INSTITUTE

## April 30 – May 1, 2020

SAINT ANSELM COLLEGE  
100 Saint Anselm Drive | Manchester, NH

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### ABOUT THE ASTHMA EDUCATOR INSTITUTE

The American Lung Association developed the Asthma Educator Institute (AEI), a two-day preparatory course for the National Asthma Education Certification Board (NAECB) exam. The curriculum reflects the detailed content outline delineated in the NAECB Certified Asthma Educator candidate book (see NAECB.com for details). AEI includes hands-on skills, demonstration and practice to increase knowledge and skills.

#### Who Should Attend?

Respiratory therapists, nurses and other health care professionals with a keen interest in developing skills as an asthma educator and/or in preparing for the NAECB exam. Licensed or credentialed health care professionals or individuals with 1,000 hours experience in asthma education, counseling or coordination of services are eligible to take the exam.

### TOPICS TO BE COVERED

- Asthma Overview: *definition, pathophysiology and role of inflammation*
- Factors Contributing to Asthma Exacerbations: *allergens, irritants and environment factors*
- Patient history and physical assessment
- Case studies using spirometry
- Tobacco treatment in New Hampshire
- Pharmacologic management of asthma
- Barriers to adherence and compliance
- Asthma Action Plan: *management plan development*
- Your role as an asthma educator
- NAECB exam preparation

### COURSE GOALS

**At the end of the program, participants will be able to:**

- Analyze the components of asthma education: lung pathophysiology, assessment of physical status, environmental factors, barriers to adherence and pharmacological interventions.
- Design asthma management and education plans for individuals in a variety of situations.
- Teach individuals how to manage their asthma using appropriate devices and techniques.
- Pursue national certification through NAECB.



# ASTHMA EDUCATOR INSTITUTE



## DAY 1 THURSDAY, APRIL 30, 2020

<b>7:45 a.m.</b>	Registration
<b>8:15</b>	Pre-test
<b>8:45</b>	Introduction
<b>9:15</b>	Asthma Overview
<b>10:00</b>	Factors Contributing to Asthma Exacerbations
<b>11:00</b>	Education Principles for a Partnership in Asthma Care
<b>12:00 p.m.</b>	Lunch
<b>1:00</b>	Patient & Family Assessment
<b>2:00</b>	Spirometry
<b>3:15</b>	Break
<b>3:30</b>	Barriers
<b>4:45</b>	Adjourn

## DAY 2 FRIDAY, MAY 1, 2020

<b>7:30 a.m.</b>	Continental Breakfast
<b>8:00</b>	Asthma Management/ Pharmacology
<b>10:00</b>	Asthma Medicine Devices/ Demonstration
<b>11:30</b>	Tobacco Treatment
<b>12:30 p.m.</b>	Lunch
<b>1:15</b>	Asthma Action Plans: Development
<b>2:45</b>	Your Role as an Asthma Educator; Exam Prep
<b>3:45</b>	Post-Test Day 2 Evaluation

## CONTINUING EDUCATION ACCREDITATION

Saint Anselm College is accredited as an approved provider of nursing continuing professional development by the Northeast Multistate Division (NEMSD), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Important:** To receive Continuing Education Credits, you must attend *all* sessions, *both* days.

# 2020 ASTHMA EDUCATOR INSTITUTE REGISTRATION FORM

Name: \_\_\_\_\_ Credentials: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Work Phone: (     ) \_\_\_\_\_

Home Phone: (     ) \_\_\_\_\_

Email (required): \_\_\_\_\_

*No refunds after **April 16, 2020**. Space is limited; register early!*

☐ \$250 early registration (by March 19, 2020)

☐ \$300 after March 19, 2020.

*Registration fee includes resource materials, continental breakfast and lunch both days. Upon completion, participant will receive a continuing education certificate (14.0 hours).*

**For more information, call  
Continuing Nursing Ed  
at 603-641-7086 or visit  
[Anselm.edu/cne](http://Anselm.edu/cne)**

## Method of Payment

☐ Register online at [Anselm.edu/cne](http://Anselm.edu/cne).

☐ Check or Money Order (Payable to Saint Anselm College).

☐ Mail with registration form to:

*Saint Anselm College Continuing Ed, #1745  
100 Saint Anselm Drive  
Manchester, NH 03102-1310*

☐ Purchase order requested from my organization.

☐ Visa     ☐ MasterCard

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Signature: \_\_\_\_\_

***We reserve the right to cancel the program if enrollment criteria are not met.***

*Faculty disclosure information is available on request.*



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